



**IF YOU KNOW SOMEONE  
STRUGGLING IN THESE DIFFICULT  
TIMES - HELP IS AT HAND.....**

**For older people** who need shopping & prescriptions delivered, or would like chat to someone on the phone:-  
**Wincanton MHA**, the Live at Home Scheme, call 01963 33588  
Tuesday to Friday 10 - 4pm

**For anyone else having to self-isolate** and needs food and prescriptions delivered to them, or would like someone to chat to, phone -  
**The Balsam Centre**, 07395 326 932 / [annette@balsamcentre.org.uk](mailto:annette@balsamcentre.org.uk) anytime.

**Food parcels** will be available shortly from **Wincanton Town Hall**

**Wincanton Food Bank**  
Wincanton Community Church,  
South St, Tuesdays, 10 - 12 noon



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